

(Mary Lou Wagner Spotlight - continued from front page)

Since moving to Bridgeway Pointe five years ago, Mary Lou has made many friends and is very involved in our community.

When asked to reflect over the past few years of her life here, she smiled and said, "I've lived many places, but Bridgeway is my home."

**Messages from Mary Kay and Elaine (Activities Department):**

In order to accommodate requests to drive residents to medical appointments, we appreciate as much notice as possible (at least a week, please). We will call to schedule the appointment so it doesn't conflict with anything on our schedule. Please call Mary Kay Reinert at 513-418-4374.

**Thank you!**



**Do you have any old magazines or other reading material to donate?** We welcome donations for our residents.

**Welcome New Residents!!**



**Ross  
Earl  
Bonnie  
Lorena  
Walter  
Leroy**

Nancy Bick Clark, our wonderful musician friend (and daughter of Bridgeway residents), will once again host a "Harp Rehearsal" event here. **Join us! Sunday, March 7, at 2 pm in the Club Room.** If you haven't heard them in the past, you're in for a real treat!



# Bridgeway Pointe



165 West Galbraith Road, Cincinnati, Ohio 45216 [BridgewayPointe.org](http://BridgewayPointe.org) 513-418-4370

**March Events include:**

Brown-Bag Lunch & Lecture  
Outing to Cincinnati Museum Center:  
**March 15**

"Mystery Chef" in the  
Cooking Kitchen:  
**March 24**

**\*New!** "Men's Poker  
Night"... Begins  
**March 16**

Trip to Joseph Beth  
Bookstore's "Bronte's  
Bistro" for Lunch:  
**March 23**

**\*New!** Netflix Movie  
Nights: **Every Thursday  
Evening in the Club Room:  
6:30 pm**

**...and so much more**

**Resident Spotlight:  
Mary Lou Wagner**



Mary Lou, taking the time to "smell the roses" after a recent Bridgeway Pointe Flower Arranging Activity...aahhhh

Mary Lou was born in Hyde Park, where she was raised with two siblings, a brother and sister. After graduating from St. Mary's High School, she studied business for a year.

This later helped her in the real estate business, where she spent 26 years working for Sibcy Cline. Mary Lou was married for 50 years and had 3 beautiful daughters, which brought her 19 grandchildren (great-grandkids included!)

Before Mary Lou retired, she loved to travel; she made annual trips to Florida and also enjoyed many cruise trips. **(continued)**

### It's a Brainy Month



March 15-21 is Brain Awareness Week, a time to marvel at what scientists consider the most important, yet least known, part of

the human body. Like any other organ, the brain needs exercise to thrive. "Use it or lose it" is the brain's motto, and the brain grows and rewires itself throughout an entire lifetime through continual perception, action, and stimulation.



### Exercise Your Brain with Us!

We have several ongoing activities that will help! Here's just a few this month.

**"Weekly News & Tidbits"** Discussion: Friday, March 5: 1:30 pm in the Cooking Kitchen

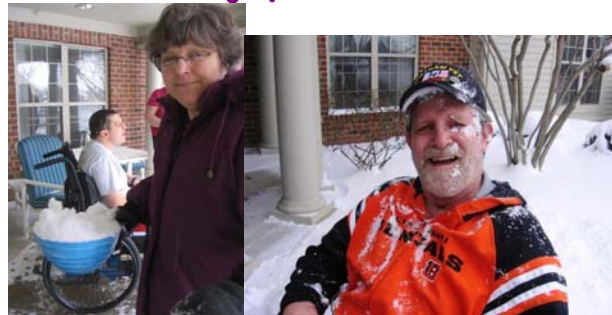
**"Art with Joan"** Creativity Program: Wednesday, March 10: 1:00 pm in the Art Studio

Learn and Play **"Computer Wii"**: Thursday, March 25: 2:00 pm & Tuesday, March 30: 2:30 pm in the Club Room

### Ready for Spring?



### Our Bridgeway Baby Boomers sure Enjoyed the Snow!



Could Tony have been the instigator? (Notice, he's often quietly in the background!!)

### Baby Boomer March Outings:

Saturday, March 13: College Hill Coffee Co.

Wednesday, March 17: Bravo's and a Movie

Wednesday, March 31: Taft Museum

### Good News from Bridgeway:

- We're proud of our staff! The Ohio Dept. of Health (ODH) did their Annual Survey at Bridgeway Pointe and we received a perfect nursing score!
- Bridgeway Pointe will soon have a FACEBOOK page. In addition, our Drum Circle was just posted on youtube!



The Martins: Don still calls Ulys his "bride"

- For Valentine's Day, the Cincinnati Enquirer ran a front page "love story" article about Bridgeway residents, Don and Ulys Martin. The Martins, who have been married 65 years, are an inspiration to us all!

### Happy Birthday to our Friends:



- |                  |          |
|------------------|----------|
| Elaine Coors     | March 10 |
| Anne Mueninghoff | March 21 |
| Ruth Yockey      | March 31 |



### Experience an Authentic African Drum Session!

The Bi-Okoto Drum Dance Theatre will perform in our Club Room on Tuesday, March 23, at 3:30 pm.

Based in Cincinnati, Bi-Okoto is a drum & dance company that presents live West/South African drum & dance performances at festivals, schools, colleges, churches, universities and now, Bridgeway Pointe!



### Hooray! Spring is on its way...

"Science has never drummed up quite as effective a tranquilizing agent as a sunny spring day."

-- W. Earl Hall